



**Do you support or care for an
adult with a drug or alcohol
issue?**

We can offer you free support,
information and access to
carers events

The Carers Contact Centre provides:

- Confidential one-to-one support
- Someone to listen to you
- Group Support
- Carers Activities
- Short Term Break Grant
- Carers Newsletter
- Information and Advice

Please contact us at:

Carers Contact Centre
Leegomery Community Centre
Leegate Avenue
Leegomery
Telford TF1 6NA

Tel: 01952 240 209



If you support or care for an adult that misuses alcohol or drugs, or if you are concerned about their substance use, please get in touch with the Carers Contact Centre.

We have a designated Carers Support Worker available to listen to you.

Carers Contact Centre

Leegomery Community Centre
Leegate Avenue
Leegomery
Telford TF1 6NA

Tel: 01952 240 209

Fax: 01952 262068

Email: admin@carerscontact.org.uk